



PSN POLYTECHNIC COLLEGE

(Approved by All India Council for Technical Education New Delhi)-
An ISO 9001-2008 Certified Institution

Melathediyoor, Palayamkottai Taluk, Tirunelveli District, Pin - 627 152.

Ph : 04634 - 279075, Fax : 04634 - 279064 E-mail : psnpoly@gmail.com



FIRST AID COMMITTEE :

PSN POLYTECHNIC COLLEGE, Tirunelveli has established First Aid Committee to provide a safe and healthy life to its employees, students and also the visitors. Our committee try to assist person by providing first aid treatment and ensuring that the college campus is safe for everybody.

First Aid is the first and immediate assistance given to any person suffering from either a minor or serious illness or injury, with care provided to preserve life, prevent the condition from to promote recovery. It is generally performed by someone with basic medical training. **Dr. Mathew Joseph** was the father of the first Aid. On the other hand Robert wood Johnson was founder of First Aid Kit. The first Johnson & Johnson First Aid Kit was prepared in 1888.

Composition of the First Aid Society:

1. Mr.Gopalakrishnan - HOD/Tool&Die (Convener)
2. Mr.Suthan - HOD/Mechanical Sandwich (Member)
3. Mr.Augustine G – Physical Director (Member)
4. Mrs.Arockia Arul Mary – HOD/ECE (Member)
5. Mr.Essakiraj M – Lecture/Mechanical (Member)

Motto of First Aid

First aid skills are kept simply on purpose so that people can remember and use them in an emergency to save at least one life. One set of goals of first Aid is called the “Three P’ S”

PPP in First Aid

- Priorities
- Preserve life - Stop the person from dying.
- Prevent further injury (worsening) - stop the person from being injured even more.

Aim of First Aid

- Preserve life
- Prevent illness or injury from becoming worse
- Relieve pain if possible
- Promote recovery
- Protect the unconscious

Role of First Aider

- Assess the situation quickly and calmly. Safety check whether you or the casualty are in danger. Find out what caused the accident or situation and find out what happened?
- Protect yourself and others from any danger:
- Always protect yourself first: Never put yourself in danger. If you can't make an area safe call 999 or 112 for emergency help
- Prevent infection between you and them.
- Comfort and reassure - stay calm and take charge of the situation.
- Assess the casualty given first aid treatment.